

# RAVE REVIEWS FOR AMICA'S EXCLUSIVE AND NEWLY LAUNCHED VITALIS™ reNEW POST OPERATIVE SUITES.

TORONTO, ONTARIO, May 3, 2011: Amica Mature Lifestyles' VITALIS™ reNEW Post Operative Convalescent suites, launched in February 2011, have quickly received an unprecedented reception. In addition to Amica's already successful VITALIS™ Assisted Living Suites & Services, Amica's VITALIS™ reNEW suites offer a more specific and individualized menu of convalescent care and services for seniors.

The reNEW Program, which is now available at many of Amica Mature Lifestyle's 22 Wellness & Vitality™ retirement residences across Canada, offers seniors medically supervised, individualized, post-surgical or post-fall programs and care pathways that are designed expressly and literally to get respite guests back on their feet and as independent and strong as they were before requiring surgical intervention. All reNEW guests recuperate at Amica in their own private, ergonomically furnished suite. Every convalescent suite is both pleasingly and practically laid out and decorated to help speed physical and emotional recovery.

"We offer a truly unique combination of clinical expertise combined with a resort-inspired service rich environment - we have developed complete programming around the patient.", states Maryanne Higginson, National Director of Care at Amica Mature Lifestyles. "Care is patient-centred and directed by a Registered Nurse that considers all aspects of recovery - nutrition, physical rehabilitation, wellness including social support and engagement with community, individual care-pathways and perhaps most importantly - a good night sleep on a comfortable mattress!"

Here is just one of the many comments and letters received from recent guests: "When I returned to Amica after a two week stay in hospital, I went into the respite (reNEW) suite. It was very comfortable and the care and attention which I received was most enjoyable, to put it mildly! The room is well furnished; good bed, good chairs for visitors and ... the room is well situated - 3 or 4 steps from "the spa"! I have no hesitation in recommending it to anyone who is convalescing—we should all be so lucky when we are sick!" M.S. - A recent reNEW guest, at Amica at Swan Lake.

There are now 32 dedicated reNEW suites in Amica's Wellness & Vitality™ retirement residences in Ontario, with plans for further suites to be added in Ontario and British Columbia.

For more information regarding VITALIS™ reNEW Convalescent, Respite Services and Support or on VITALIS™ Assisted Living Suites & Services, please visit [www.amica.ca/vitalisrenew](http://www.amica.ca/vitalisrenew) or contact:

**Andrea Peckham,**  
VP Marketing & Communications  
Amica Mature Lifestyles Inc.  
Tel: 416-408-0076 or [a.peckham@amica.ca](mailto:a.peckham@amica.ca)

